



West ALC
Mark Froemke, President
811 N Broadway
Crookston, MN 56716
218-779-9258
mfroemke1@aol.com

North East ALC
Alan Netland, President
1414 Boulevard Pl
Duluth, MN 55811
218-213-4584
alan@nealc.org

Staff: Lee Cutler
218-340-5305
lee@nealcmn.org

East Central ALC
Mary Broderick, President
3051 2nd Street S. #202 Saint
Cloud, MN 56301
320-493-7396
Mary.broderick99@gmail.com

Staff: Joe Baratta
jbarattaecalc@gmail.com

Saint Paul RLF
Kera Peterson, President
353 W. 7th St.
Saint Paul, MN 55102
651-222-3787 x11
612-382-9864
kpeterson@stpaulunions.org

Staff: Colleen Nocerini
612-408-2412
cnocerini@stpaulunions.org

Southeast ALC
Leah Midgarden, President
2443 Clare Lane NE, #200
Rochester, MN 55906
507-261-6546
lmidgarden@semnalc.org

Minneapolis RLF
Chelsie Glaubitz Gabiou,
President
312 Central Ave, #542
Minneapolis, MN 55414
612-379-4206 x101
chelsie@minneapolisunions.org

Staff: Alfreda Daniels
612-379-4206, Ext 105
alfreda@minneapolisunions.org

Staff: Graeme Allen
612-379-4206
graeme@minneapolisunions.org

COUNTIES WITHIN EACH ALC/RLF

EAST CENTRAL ALC

Aitkin
Benton
Cass
Crow Wing
Isanti
Kanabe
Mille Lacs
Morrison
Sherburne
Stearns
Todd

MINNEAPOLIS RLF

Anoka
Carver
Hennepin
McLeod
Meeker
Scott
Wright

NORTHEAST ALC

Carlton
Cook
Itasca
Koochiching
Lake
Pine
St. Louis

SAINT PAUL RLF

Chisago
Dakota
Ramsey
Washington

SOUTHEAST ALC

Blue Earth
Dodge
Faribault
Fillmore
Freeborn
Goodhue
Houston
Le Sueur
Mower
Nicollet
Olmstead
Rice
Steele
Wabasha
Waseca
Winona

WEST ALC

Becker
Beltrami
Big Stone
Brown
Chippewa
Clay
Clearwater
Cottonwood
Douglas
Grant
Hubbard
Jackson
Kandiyohi
Kittson
Lac qui Parle
Lake of the Woods
Lincoln
Lyon
Mahnommen
Marshall
Martin
Murray
Nobles
Norman
Otter Tail
Pennington
Pipestone
Polk
Pope
Red Lake
Redwood
Renville
Rock
Roseau
Sibley
Stevens
Swift
Traverse
Wadena
Watsonwan
Wilkin
Yellow Medicine